Winnipeg metro

Your essential daily news | THURSDAY, JULY 7, 2016

High 24°C/Low 15°C Rain

Marvel's Iron Man is now a woman

metroNEWS

BRAEDEN JONES/METRO

PAINFUL PILGRIMAGE

Families of missing, murdered finish trek to legislature

metroNEWS

Visitor the victim of fatal attack

PORTAGE AVENUE

Police say group used no weapon in killing new acquaintance

Shane Gibson
For Metro | Winnipeg

Winnipeg police have identified the victim in a violent and fatal assault that happened downtown overnight Tuesday as a man visiting the city from Oxford House, Man.

Cyril Quentin Weenusk, 26, was found injured near the bus stop in front of the MTS Centre on Portage Avenue around 3:50 a.m. Tuesday. He was rushed to hospital where he later died.

Police spokesperson Const. Rob Carver told reporters on Wednesday that Weenusk got into a fight with a group of people he'd recently met near the corner of Portage Avenue and Donald Street.

While police say the victim didn't know the suspects leading up to that initial meeting — and it doesn't look like robbery was a motive — Carver stressed investigators don't consider it a random attack.

"This is a tragic and very violent event," he said. "(But) it isn't the sort of incident that would necessarily alter the average person's perception of safety in the city or in the downtown area."

Carver said no weapons were used in the assault but wouldn't get into specifics.

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CUBA - APARTMENTS
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Your essential daily news

Family grieves loss as feds open probe into police killing of black man. **World**

IN BRIEF

City hall bracing for Canada Post stoppage

Operators at the City of Winnipeg's 311 call centre will have their hands full as a Canada Post work stoppage looms and the municipality advises residents to call in their city-related matters in the event they can't use snail mail.

Starting as early as Friday, the city says residents will be able to pay their utility bills either in person at city hall, or through online or telephone banking. The city asks residents with water and waste accounts to call 311 and make arrangements ahead of time, such as opting for courier or in-person drop-offs. METRO

BRT info session announced

The city is inviting residents to a public information session to learn more about the final stage of construction on Winnipeg's first bus rapid transit corridor.

Construction on the second leg of the track is expected to start this month and be completed by 2019.

The information session is taking place on July 19 at Canad Inns- Fort Garry from 4-7 p.m. METRO

A bus at Harkness Station in Winnipeg. METRO FILE

Tax financing plan may get fall refresh

DEVELOPMENT

Council to have range of ideas on how to use funds: Mayor

Braeden Jones
Metro | Winnipeg

The city may need to take a critical look at how it uses tax increment financing (TIF) to subsidize developments, according to Mayor Brian Bowman.

The city uses the financing model to help developers make improvements by committing to rebate tax dollars for a given number of years.

After rubber-stamping a recommendation from the property development committee to return up to $480,000 in municipal taxes to the Gas Station Arts Centre, Wednesday, Bowman said there should be a broader discussion about TIF.

"We simply don't have the resources to TIF everything," he said.

The city's plan to help the arts centre grow its theatre with TIF adds that project to a growing list making use of the rebate model; including True North Square; the sports, hospitality and entertainment (SHED) district; Polo Park; The Forks Railside development; and the rapid transit corridor.

Mayor Brian Bowman says there are limits to how much tax increment financing Winnipeg can use. BRAEDEN JONES/METRO

The TIF tool uses expected increases in tax revenue post-development to subsidize planned improvements — essentially funding projects by borrowing against future property tax revenue.

"Ultimately the intent is to get that money back, and then some," Bowman said. "It really is that short-term cash flow for the operating budget that takes a hit."

The Gas Station Arts Centre was looking for twice the TIF Bowman's executive policy committee (EPC) approved Wednesday, to be stretched over a 20-year period rather than the 10 years offered, and also wanted to apply it to affordable housing built into the mixed-use project.

"Ultimately EPC didn't feel that was something we could support… there was not support for the TIF'ing of affordable housing," Bowman said, adding that it doesn't fit the city's TIF policy, but speaks to the need for a review.

"We need to at least have that discussion, and there's going to be very different views on that," he said. "(TIF) has to be very carefully scrutinized and managed — the discussions that we'll have certainly in the fall on the affordable housing I'm sure will really focus on 'what's the ability for the city to pay in the short term,' versus the long term objectives."

ADMINISTRATION

Bowman quiet on payout to ex-CAO

Mayor Brian Bowman chose his words carefully Wednesday when discussing — for the first time since it was revealed — the half-a-million payout the city's former chief administrator received on his way out.

In the 2015 compensation disclosure released by the city last week, former chief administrative officer Deepak Joshi topped the list with a $567,000 in compensation, despite working for only three weeks before leaving the post in early 2015.

Before his exit, Bowman suspended Joshi, and said publicly he had lost confidence in the administrator.

"His contract was inked off under a previous administration," Bowman said, explaining that provincial privacy legislation he is "not wanting to violate" that make it difficult for him to expand on "personnel matters."

The disclosure report does not specify how much of Joshi's payout was severance, vacation pay, or salary, and neither can Bowman, which is why he thinks the provincial rules surrounding disclosure could be changed.

"I have reached out to the province to see if they are open to making changes to the information that is contained in those reports," Bowman said.

He told media Wednesday that many questions coming out of the report are only questions "because you see a number and you don't have the breakdown."

BRAEDEN JONES/METRO

5 GREAT REASONS TO Love Portage Place

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PORTAGE PLACE

An honour is in Order for select few

Bernadette Smith will be among the inducted. THE CANADIAN PRESS

ORDER OF MANITOBA

11 'exceptional' Manitobans to be inducted in ceremony

Eleven Manitobans — including a number of influential women — are about to be given the province's highest honour.

Lieutenant Governor Janice Filmon will induct the new members into the Order of Manitoba at a special ceremony Thursday.

"The exceptional women and men to be invested into the Order of Manitoba serve to inspire us all and reinforce the difference that any one person can make in their community, province, nationally or even on a global scale," said Filmon Wednesday.

Included in this year's list are Winnipeg artist and community activist, Wanda Koop; former Winnipeg mayor Susan Thompson; and Bernadette Smith, who has been a leader in the fight for justice for Canada's missing and murdered Indigenous women and girls since her own sister, Claudette Osborne went missing in 2008.

The Order of Manitoba recognizes Manitobans who have demonstrated excellence and achievement, which have enriched the social, cultural or economic well-being of the province and its residents.

The ceremony will be held in Room 200 at the Legislative Building starting at 4 p.m.

Other inductees include: Chief Betsy Kennedy, the longest-serving female chief in the province and Gary Kobinger, who is touted as one of the world's leading researchers in the global fight against Ebola.

THE CANADIAN PRESS

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Some of those who marched from Thompson to Winnipeg to bring attention to the murdered and the missing in northern communities. BRAEDEN JONES/METRO

FIRST NATIONS

Trek of 750KM for 'healing and love'

Shane Gibson
Metro | Winnipeg

> "There's a lot that we don't have but need desperately on First Nations, for victims and their families."
> Joan Saultier

After walking 750 kilometres to Winnipeg to bring attention to the issues facing families of those who've been murdered or gone missing in Northern Manitoba, Joan Saultier says she's ready to continue on foot to Ottawa if it helps bring change.

The 51-year-old from South Indian Lake, Man., was among 29 people taking part in the Walk for Healing and Love who arrived at the Legislative Building Wednesday after leaving Thompson July 3.

"I wanted to join this walk to bring attention to the missing and murdered people and the injustice that RCMP and the law system of Manitoba and Canada does to the victims," said Saultier, who told Metro she was walking for six people she's known personally who have been killed or gone missing in Northern Manitoba.

As she walked up Memorial Boulevard towards the Legislature Saultier carried a photo of her nephew Mark Dumas, 28, who was killed in South Indian Lake last July.

Saultier said RCMP did not communicate well with family members during their investigation into Dumas' killing — she alleges police routinely dismissed information they brought forward — and she says victim services were not able to provide adequate grief counselling for the small community, located roughly 900 kms north of Winnipeg.

Although there was eventually an arrest made in the killing, Saultier said the family is still waiting for the case to work its way through the legal system.

Felix Walker, who heads up Nisichawayasihk Cree Nation's child-welfare agency and helped lead the walk, said RCMP detachments need more resources to better deal with the problems facing northern communities.

"If you're in an urban environment… you have access to a wide variety of services," he said.

"There's a need for more services in our home communities, the need for better response time on behalf of the RCMP and municipal police services to make sure when missing persons are reported they actually act upon it as soon as they can."

Isis here to stay, says salon owner

NIAGARA FALLS

Some think business is linked to terror group

People continue to flock to Isis, and its leader says it is here to stay and growing bigger.

Don't be alarmed. Not that ISIS. We mean Isis, a small body-sugaring and esthetics salon, in Fonthill, a community not far from Niagara Falls.

The salon is named after the Egyptian goddess Isis, reflecting body sugaring's roots as an ancient Egyptian hair-removal process. Its name predates the prominent moniker of the extremist group, also known to many as Daesh, by about 13 years.

"Everybody knows me as Isis," says Brigitte Boucher, owner of the salon.

Boucher opened the business 15 years ago in London, Ont. then moved it to its current location about three years ago. She specializes in natural body hair removal using homemade products. You can also get a manicure, pedicure, lash extensions and a facial.

"There's no beheading going on," Boucher says. "There's a lot of hair removal."

The name of the salon has raised a few eyebrows over the past few years. Boucher says she has noticed people taking photos of the storefront, which sports the company name. She also deals with the occasional caller phoning to inquire if the business is connected to Daesh (known as the Islamic State).

This has prompted her to post a sign in the front window stating "We are not affiliated with the Islamic State of Iraq Syrie (sic)" in capital letters.

Boucher said she cried when she first learned the name of the radical Islamist group a few years ago.

"I'll watch the news every once in a while, and there's an ISIS bombing and I'm like, 'Here we go. I'm gonna get a call or two,'" she says.

Reviews on Isis' Facebook page are all positive. One patron posted that she was "totally in love with Isis."

TORSTAR NEWS SERVICE

NAME CHANGES

In 2014, Halifax's Immigrant Settlement and Integration Services (ISIS) became the Immigrant Services Association of Nova Scotia, or ISANS.

Isis, the dog on the television drama Downton Abbey, was killed off that year amid rumours the show didn't want the canine sharing its name with the jihadist group, although producers denied that was the case.

Isis, a small body sugaring and esthetics salon in the Niagara region, has seen its business improve despite misconceptions over whether it is connected to the terrorist group, according to owner Brigitte Boucher. TORSTAR NEWS SERVICE

BRITISH COLUMBIA

Garlic used to ward off mosquitoes

Folklore says a bulb of garlic will repel a vampire, but a northwestern B.C. community believes the pungent vegetable is the answer to fighting a smaller, but equally blood-thirsty pest.

The District of Taylor has approved a pilot project to apply an environmentally friendly but potent garlic solution to several areas around town in hopes of wiping out mosquitoes.

The solution is 99 per cent garlic and Taylor councillors have been assured it can kill mosquito larvae while the leftover sulphers are undetectable by humans but deter adult mosquitoes for weeks.

Several baseball diamonds in Taylor will be sprayed first, and the concoction will also be applied around the downtown core.

Based on costs and results, Taylor council intends to expand the pilot project in 2017.

Taylor joins a handful of Canadian communities, including Leduc, Alta., and Huntsville, Ont., in using garlic to eradicate pests, with Huntsville using the potion to control black flies in advance of the 2010 G8 meeting.

THE CANADIAN PRESS

POLITICS

Kenney's exit to have domino effect

Jason Kenney THE CANADIAN PRESS

Jason Kenney's decision not to seek the leadership of the federal Conservatives will have a domino effect on the race and the national party.

The first tile has already fallen over.

The longtime Tory MP announced his bid to lead the Alberta Progressive Conservatives on Wednesday and is already staffing up his provincial campaign with former federal aids.

Kenney is known for inspiring fierce loyalty among staff, once dubbed the "Jasonistas," and it's likely those diehards also would have followed him down the federal leadership road.

But now they'll leave the federal scene for Alberta, taking with them the tactics, the political savvy and, most importantly, thousands of contacts Kenney built up over 20 years serving in Ottawa.

"He has supporters from across Canada who will want to help him succeed in Alberta, which will draw some talent and money away from the national party in the short term," said his former cabinet colleague James Moore, once rumoured to have leadership aspirations of his own.

Kenney is a workhorse widely recognized for his drive in building Conservative party relationships with Canada's cultural communities.

One of the reasons he was once considered the presumptive next leader of the federal party was due to his perceived head-and-shoulders lead over other potential candidates among this key voting block.

It's there that his departure opens a door for other would-be leaders, said Jason Lietaer, a party strategist. THE CANADIAN PRESS

IN BRIEF

First Nations leaders left scratching their heads

A new $382-million government announcement on First Nations child welfare is raising as many questions as it answers, indigenous leaders and advocates say.

Federal ministers announced Tuesday they were implementing what's known as Jordan's Principle, a policy designed to ensure indigenous children do not get caught up in spending disputes between layers of government.

THE CANADIAN PRESS

Construction workers don't have the tools to stay cool

Hundreds of construction workers in Montreal put down their tools for part of the day Wednesday because of the heat, saying there was not enough ventilation in a downtown building to allow them to stay on the premises.

One worker said it was 35 C inside, and a union spokesman said at least three people had to be treated for heat stroke.

Most returned later in the day. THE CANADIAN PRESS

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Feds probe another police shooting

LOUISIANA

Another black man shot, another investigation

In this video, Alton Sterling is held by two Baton Rouge police officers, one holding a hand gun. HANDOUT/THE ASSOCIATED PRESS

The U.S. Justice Department opened a civil rights investigation Wednesday into the video-recorded police killing of a black man who authorities say had a gun as he wrestled with two white officers on the pavement in Baton Rouge, Louisiana.

Alton Sterling, 37, was confronted by police and shot on Tuesday after an anonymous caller said he had threatened someone with a gun outside the store, where he was selling homemade CDs, authorities said.

In a cellphone video taken by a community activist and posted online, the two officers pinned Sterling to the ground, someone yelled, "He's got a gun! Gun!" and gunfire erupted moments later.

At a news conference Wednesday, Baton Rouge Police Chief Carl Dabadie Jr. said that Sterling was armed but that there are still questions about what happened.

"Like you, there is a lot that we do not understand … I am demanding answers," Dabadie said.

The officers, identified by the chief as Blane Salamoni, a four-year member of the department, and Howie Lake II, who has been on the force for three years, were placed on administrative leave, standard department procedure.

Authorities would not say whether one or both fired their weapons or how many times.

Gov. John Bel Edwards and the U.S. Justice Department announced the investigation by the department's civil rights division.

"I have very serious concerns. The video is disturbing, to say the least," Edwards said.

The shooting stirred anger in Baton Rouge, with hundreds protesting Tuesday night and demonstrations continuing Wednesday. Community leaders and Sterling's family demanded a federal investigation.

"Mr. Sterling was not reaching for a weapon. He looks like a man that was actually fighting for his life," said state Rep. Edmond Jordan, an attorney for Sterling's family. THE ASSOCIATED PRESS

DYNAMIC DUO CLINTON, OBAMA CAMPAIGN TOGETHER Democratic presidential candidate Hillary Clinton walks off of Air Force One with U.S. president Barack Obama on Tuesday in Charlotte, North Carolina, where they made their first joint campaign appearance. The Clinton campaign hopes Obama can reassure voters about her experience, talent and character — and speak to their questions about her honesty and trustworthiness, some of which stem from the FBI's email investigation. GETTY IMAGES

COMIC BOOKS

Meet the new Iron-Not-a-Man

Colin McNeil
Metro | Toronto

A female Thor, a black Captain America, a Latino Spider-Man and now, Iron (formally) Man.

Marvel Comics' push for a superhero roster that better represents their readers continues with the upcoming launch of Riri Williams — the new face of Iron Man.

Williams, a 15-year-old MIT student, suits up in Invincible Iron Man No. 1, apparently with Tony Stark's blessing. The girl catches the attention of Stark after she reverse-engineers an Iron Man suit and builds her own version.

So what happened to Tony?

"We're in the middle of a very big Tony Stark storyline," said Invincible Iron Man author Brian Michael Bendis.

Riri Williams, the new face of Iron Man. CONTRIBUTED

IN BRIEF

Iraq war 'wholly inadequate'
Prime Minister Tony Blair led Britain into an unsuccessful war in Iraq through a mix of flawed intelligence, "wholly inadequate" planning, according to a damning report on the conflict that was published Wednesday. THE ASSOCIATED PRESS

Ceasefire in Syria
The Syrian military declared a three-day cease-fire for the entire country on Wednesday, coinciding with the start of the Muslim Eid al-Fitr holiday marking the end of the holy month of Ramadan, state media reported. THE ASSOCIATED PRESS

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Canada Post talks stall over pensions

LABOUR DISPUTE

Canada Post union refuses to accept two-tier model

Canada Post is threatening to lock out unionized workers on Friday, as contract talks stall over changes to pensions — a benefit that the union says it will fight to defend.

"We could not be farther apart," said Canada Post spokesman Jon Hamilton, noting the two sides have not met face-to-face since Canada Day, when the union put forward its latest offer.

Union president Mike Palacek calls that "patently untrue," saying the two sides met on Monday, and both sides are working with mediators trying to reach a deal.

"Canada Post has not moved on any of the issues," said Palacek, national president of the Canadian Union of Postal Workers, which represents 50,000 members in both urban and rural units. "But we haven't been told formally we will be locked out."

At the heart of the battle is the company's proposal to put future employees on a defined contribution pension plan, instead of the existing defined benefit pension plan, which is indexed for inflation.

Two other unions and management have switched for new hires.

"It is fundamentally unjust to have people work side by side, getting wildly different compensation," said Palacek.

Under a defined benefit pension, employers and employees contribute to a plan, and the worker is guaranteed a fixed payout at retirement, regardless of how pension investments performed or where interest rates stand.

TORSTAR NEWS SERVICE

Mail could stop being delivered from Friday with Canada Post threatening to lockout workers as the two sides remain far apart on issue of pensions. THE CANADIAN PRESS

BANKING

Fintech startups help immigrants

Wanyee Li
Metro | Vancouver

A Vancouver entrepreneur is helping other newcomers to Canada by starting a financial technology company that help immigrants land on their feet when they arrive — immigrants like Fares Toumi.

Toumi, a marketing consultant from Jordan, moved to Vancouver with his young family one year ago and decided to work for himself rather than find a salaried job.

His business grew steadily but when his mother fell ill in Jordan in May, Toumi didn't have enough cash on hand to send back home. He said banks would not lend him the money because he had no credit history and few assets in Canada.

Financial technology or 'fintech' companies are filling this service gap and others, creating a $13 trillion global market, according to the Digital Finance Institute, a Canadian think-tank. Out of 515 fintech companies in Canada, about 100 are based in B.C. and many have an edge in the industry thanks to the province's strong tech sector, said Christine Dunhaime, executive director at DFI.

Cindy Chen, CEO of Amber Financial Services, calls fintech the 'Uber' of the banking industry. She was inspired to launch her business, which offers unsecured loans, after her own experience immigrating to Vancouver from the U.S. four years ago. "I didn't have enough money to pay for rent and utilities. I borrowed money from friends," said the 30-year old entrepreneur.

There is a group of people that should qualify for loans but don't because traditional banks only consider certain types of documentation, explained Chen. Amber Financial uses other methods like considering old bank statements from the country an immigrant came from to assess whether they qualify for a loan. Students who need loans to pay for tuition can also qualify if they have a part-time job. No clients have defaulted so far, according to Chen.

metro VIEWS
Your essential daily news
Thursday, July 7, 2016

ROSEMARY WESTWOOD
ON THE SEX HARASSMENT CLAIMS AGAINST FOX'S CHAIRMAN

While it's everyone's "issue," sexual harassment and assault are often only women's problems. This is why Gretchen Carlson's lawsuit is so powerful, and career-risking.

If journalists took the whole "people in glass houses" motto seriously, newspapers, websites, video reels and radio stations would be blank, empty, silent spaces.

Papers that rail against unfair working conditions deny their own employees overtime pay.

Outlets that decry white male workplaces are some of the white-est, male-est offices around.

This industry, which gets paid to call bulls--t on everything and everyone it sees, is full of it.

And of course it is. No job exists outside our culture. And our culture is full of it, too.

So no woman in media (or elsewhere) was likely surprised when Gretchen Carlson, a former anchor for Fox News in the U.S., revealed a series of cases of career-related sexual harassment in a Huffington Post op-ed yesterday.

But the article was a mere side-note to the real breaking news, which shocked the U.S. media world: a sexual harassment lawsuit filed by Carlson against the media mogul and Fox chairman Roger Ailes.

Of course, that a wealthy, powerful media baron would sexually harass his employees is in no way surprising. But it's almost incredible that Carlson has outed him (allegedly) in such a public way. So often sexual assault cases in workplaces are handled quietly, if at all, especially when the accused is in charge. And Ailes' power probably can't be understated, though the New York Times described him this way: "a towering figure in television and Republican politics who has overseen virtually every aspect of Fox News Channel over the cable network's hugely successful two-decade run."

So often sexual assault cases in workplaces are handled quietly, if at all, especially when the accused is in charge.

Former Fox News host Gretchen Carlson has filed a lawsuit against the CEO and chairman of Fox News, Roger Ailes, for sexual harassment and retaliation. GETTY IMAGES

The quotes attributed to Ailes in the lawsuit are comically direct: "I think you and I should have had a sexual relationship a long time ago and then you'd be good and better and I'd be good and better," Carlson alleges Ailes told her.

It's an amazingly succinct and stunningly blatant summation of what's long been a more insinuated scenario for women in the media, or anywhere, really. When Carlson didn't engage in such a relationship, she alleges, she was downgraded, and then let go. Just like she'd been warned.

In her Huffington Post piece, Carlson urged readers to think of sexual harassment/assault as more than a "woman's issue." Since men are more commonly sexual aggressors, this is factually true. But while it's everyone's "issue," sexual harassment and assault are often only women's problems. This is why Carlson's lawsuit is so powerful, and career-risking. It's why she deserves kudos, and why workplaces won't change without women who are willing to fight.

Forget the bigots — there's good reason to oppose trade deals

Linda McQuaig
Torstar News Service

The decision of British voters to leave Europe has been treated as evidence that they're intolerant xenophobes keen to seal themselves off from the world. That Donald Trump is on their side only helps make the case that they represent a boorish throwback, a desire to make the English-speaking world great again by turning it into a giant gated community surrounded by sky-high walls.

Having such a collection of bigots and boors opposing "globalization" may turn out to be a boon for those promoting globalization — that is, the laws that govern the global economy.

This is unfortunate, since these laws — and the international trade deals that enforce them — have delivered benefits almost exclusively to those at the top in recent years, and should be thoroughly overhauled.

But with Neanderthal wall-builders lurking in the background, it may be easier for the Trudeau government to convince Canadians to accept these badly flawed and increasingly unpopular trade deals as part of living in an open, modern world.

U.S. President Barack Obama helped make this case in his address to Parliament last week, urging us to resist "sealing ourselves off from the world," as he derided opposition to foreigners and opposition to international trade deals with the same broad brush.

There's a litany of reasons why any sensible person would resist these trade deals.

But the most outrageous aspect of them has always been the special set of legal rights they bestow on foreign corporations and investors. These rights enable wealthy foreigners to sue governments over policies the foreigners don't like, and to have their lawsuits decided by closed tribunals.

The Trans-Pacific Partnership (TPP), rather than removing this indefensible, anti-democratic set of rights for wealthy foreigners, actually extends them.

Indeed, the TPP could open a floodgate of new claims by wealthy foreigners, according to a powerful report by Osgoode Hall law professor Gus Van Harten. The report documents how corporations and wealthy investors have taken advantage of the bizarrely generous legal rights available to them under NAFTA, suing Canada 39 times and winning more than $190 million in compensation from Canadian taxpayers. There is no cap on how high the compensation can be, and the vast majority of it goes to the ultra-rich.

Let's not forget what it is these foreign interests are objecting to: laws passed by democratically elected governments to protect the public. For instance, Lone Pine Resources challenged fracking regulations in Canada; just last month, TransCanada sued the United States for $15 billion to compensate for Obama's decision not to approve the Keystone pipeline.

The Trudeau government will no doubt fill us with dark Brexit and Trumpian images to warm us up to the TPP. But not even revulsion for Donald Trump will provide enough lipstick to pretty up this pig.

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metro LIFE

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Thursday, July 7, 2016

"I saw my size as being an advantage, whereas so many women see it as a disadvantage"

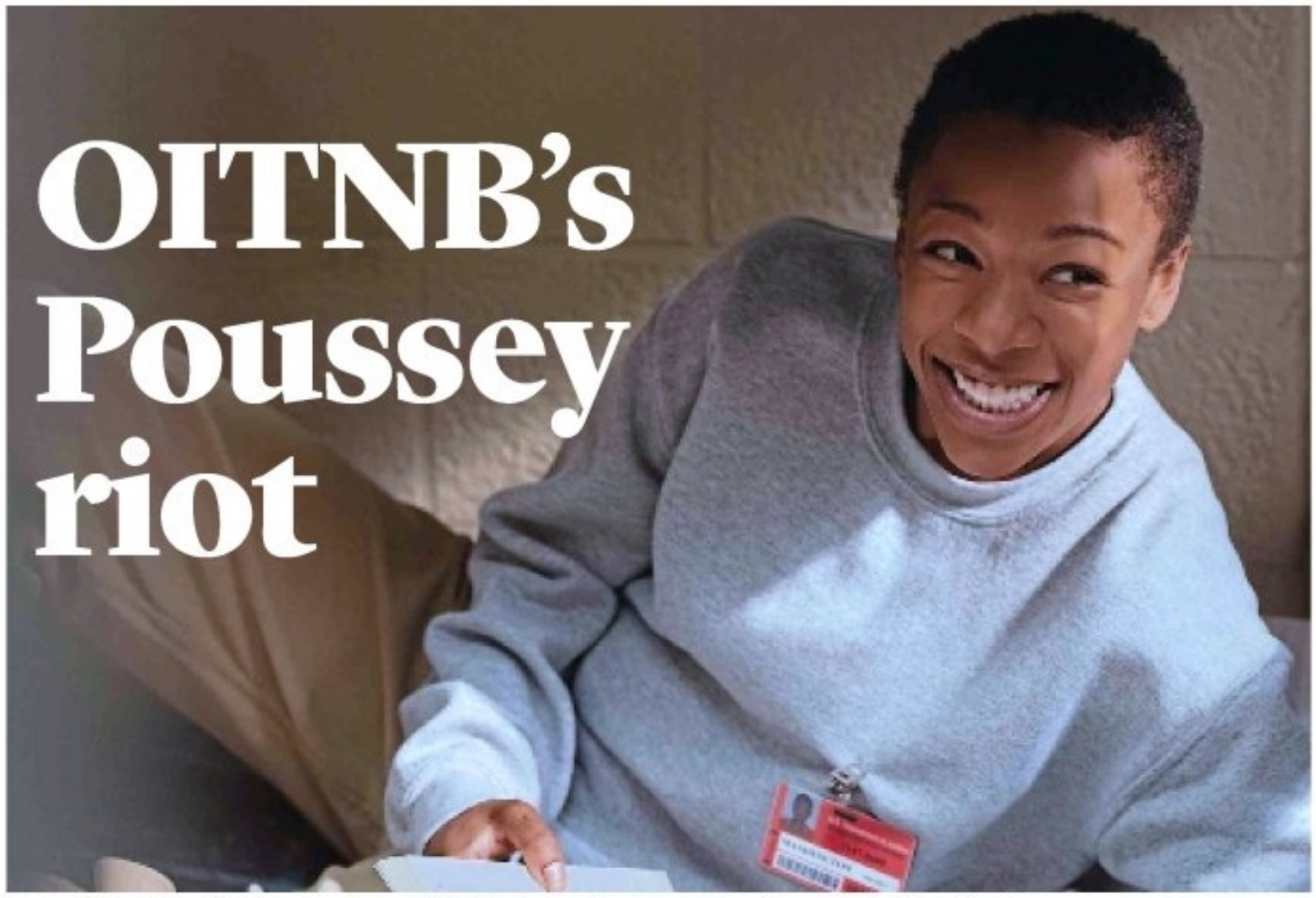
Rebel Wilson tells Britain's Telegraph newspaper her weight has helped her career

NETFLIX

Actress Samira Wiley dishes on her role in Season 4

Richard Crouse
For Metro Canada

SPOILER ALERT: This article contains Orange is the New Black Season 4 spoilers!



OITNB's Poussey riot

Samira Wiley played fan-favourite Poussey Washington on the prison drama Orange is the New Black. PHOTOS COURTESY NETFLIX

Samira Wiley, who played fan-favourite Poussey Washington on the prison drama Orange is the New Black, wants you to know one thing. "Samira is alive!"

Since her character's shocking death near the end of the fourth season, fans have been leaving strange messages on social media for her.

"I get a lot of comments on social media when I tweet something or I post a picture," she says. "People are like, 'I'm really happy you're posting so I know you're alive.' Yes, I am. I haven't gone anywhere."

The Juilliard-trained actress appeared in 50 episodes of the acclaimed Netflix series, bringing Poussey to vivid life. Dealing marijuana earned the character a stretch at Litchfield Penitentiary — "We all in here because we took a wrong turn going to church," Poussey joked — where she was an outspoken and caring woman who stood by her convictions.

"Poussey is really like an ideal person," says Wiley. "I've said this before, she is such a great friend and a great person sometimes when I don't know what to do or want to be better in a certain situation I think, 'What would Poussey do?' She had a great heart. A great moral centre and a great smile. She is someone that you look up to.

"I feel so, so honoured and privileged to give her life and to give people the strong feelings they have about her."

Based on Piper Kerman's memoir about her experiences in a women's prison, the series has been a commercial hit and critical success for its candid depictions of race, sexuality and gender.

"I think the show in general has ushered in a new era of television," says the actress, who will next be seen on the comedy series You're the Worst.

"Orange is the New Black shows you different kinds of women, different shapes of women, different backgrounds of people. The barriers are less and in some ways invisible because that is you, or your mom or your sister. I feel really proud to be part of the television show that started that.

"With Season 4, I think we really amped it up a notch in terms of reflecting not only the people we see everyday but the issues we deal with everyday, specifically Black Lives Matter. We're showing some responsibility as artists, as creators of this television show, because we need to reflect what is going on in our time. That is our responsibility."

As Wiley's former cast mates gear up to begin shooting season five of OITNB, she says she's not up to date on the storyline.

"I think it might be too difficult for me to binge," she says. "I don't anticipate it. After most seasons, especially the third season I definitely binge-watched immediately. I thought I would be able to do that this time but I have only watched about half this season."

She stopped before Poussey is accidentally suffocated during a demonstration in the prison cafeteria.

"I haven't watched it yet. In a way I feel like actually watching it will be me really saying goodbye and I am not ready for that yet. I can't do that yet."

JOHANNA SCHNELLER **WHAT I'M WATCHING**

Plot twist a plea for prison reform

THE SHOW: Orange is the New Black, S4, E12 (Netflix)
THE MOMENT: The Time Machine

Prison inmates Poussey (Samira Wiley) and Brook (Kimiko Glenn) dance without music inside a makeshift cardboard time machine. Their prison is in chaos, overcrowded and under new, nastier management. "This feels like the most normal thing I've done in a while," Poussey says.

"It feels like we're in a horror movie," Brook says.

"The kind you used to watch on sleepovers," Poussey adds, "where you have to run to your mom at the end, to hug you, tell you it was all made up."

"My mom wasn't a big hugger," Brook says.

"My mom was," Poussey says. (Alert: Major spoiler ahead.)

Every now and then, the theme and purpose of a series comes together in a plot point, and this is one of those times. OITNB is a long, heartfelt plea for prison reform, and this — Poussey's last happy moment before dying in a chokehold — is an example of what showrunner Jenji Kohan is all about.

This sweet girl, arrested for possession of half an ounce of marijuana, should not be in prison. There should be a better solution for her. But as Kohan seeds throughout this season, the system is designed only one way, to grind people down. It's gutsy of Kohan to sacrifice a great character to make her greater point.

So in the next episode, when prison manager Caputo (Nick Sandow) defends the guard who killed Poussey, it's heinous, but also understandable. One promising life was wasted. He doesn't want to waste another. It's all so hugely sad.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

This sweet girl, arrested for possession of half an ounce of marijuana, shouldn't be in prison — but as showrunner Jenji Kohan points out, the system is designed to grind people down.

GOSSIP BRIEF

NYC to name intersection 'Bill Cunningham Corner'

Manhattan's northeast corner of 57th Street and Fifth Avenue will be temporarily named for longtime fashion photographer Bill Cunningham, who took pictures of everyday people for The New York Times. He died June 25 at age 87.

Miranda Lambert's B&B closes in Oklahoma

Country singer Miranda Lambert has shut down her bed-and-breakfast in rural Oklahoma about a month after she closed her clothing boutique in the town where she once lived with ex-husband Blake Shelton. According to a notice on its website, The Ladysmith Bed & Breakfast in Tishomingo is closed because it is "under new management."

Shelton said in May that he bought the Pink Pistol property and that "something is brewing for the space."

THE ASSOCIATED PRESS

10,000-Year-Old Spider Eggs Hatch

WASHINGTON, DC

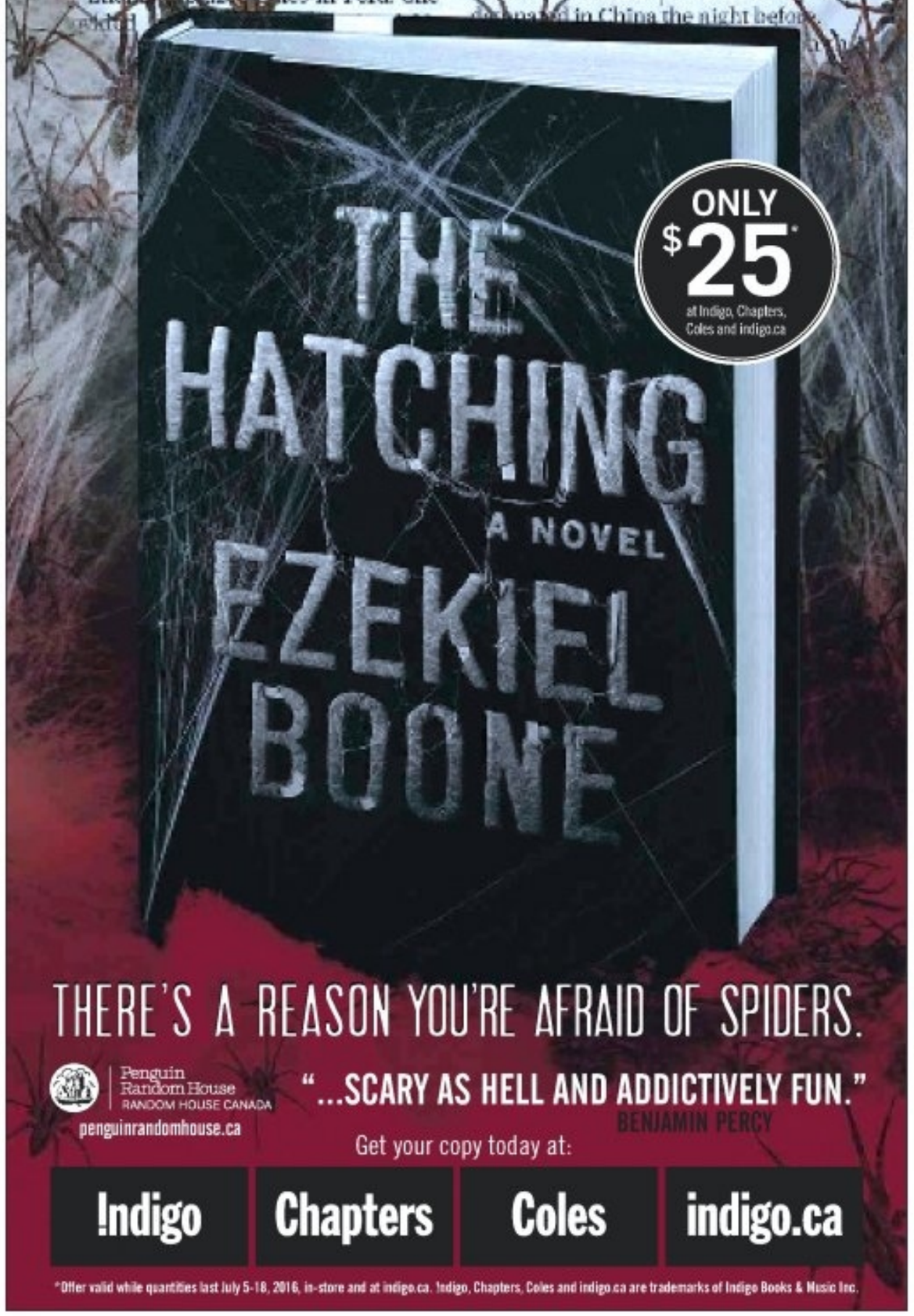
Ancient spider eggs found in Peru hatch in university lab

Students in American University's graduate lab received a strange gift on Wednesday—a 10,000-year-old box from Peru containing what appeared to be calcified spider eggs. They were shocked when the eggs—also 10,000 years old—began to hatch.

Julie Yoo, a graduate student at the lab supervised by Yale alum Professor Melanie Culver, received a call from an unidentified contact on Thursday, claiming to have found the box at a dig near the Infanta Blanca ruins in Peru. She added

Professor [illegible], who was previously married to White House Chief of Staff Manny [illegible], declined to comment except to say that she was eager to examine the shell once the hatching was complete, but an additional source from the lab who wished to remain anonymous described the spider egg sac, which has been recorded on HD video since the first indications of hatching, as both "vibrating" and "humming" as well as describing the size as far larger than average spider egg sacs. "It was bigger than a softball," our source said. "Possibly the size of a small melon. It was hard, possibly calcified, and had an unusual chalky feeling. It was hot to the touch."

The attention paid to what should be a scientific impossibility has been far less than expected due to the nuclear bomb [illegible] in China the night before.



Winters takes off in turbulent times

INTERVIEW

Author's new novel wrestles with America's race problem

Sue Carter
For Metro Canada

As Ben H. Winters finished writing the final book in his award-winning Last Policeman mystery trilogy in 2013, he was already anxiously thinking ahead to what his next project might be. Meanwhile, the Indiana writer was also feeling distressed over the killing of Trayvon Martin by George Zimmerman, a neighborhood watch volunteer, in Florida, and the deaths of other young African Americans by police across the country.

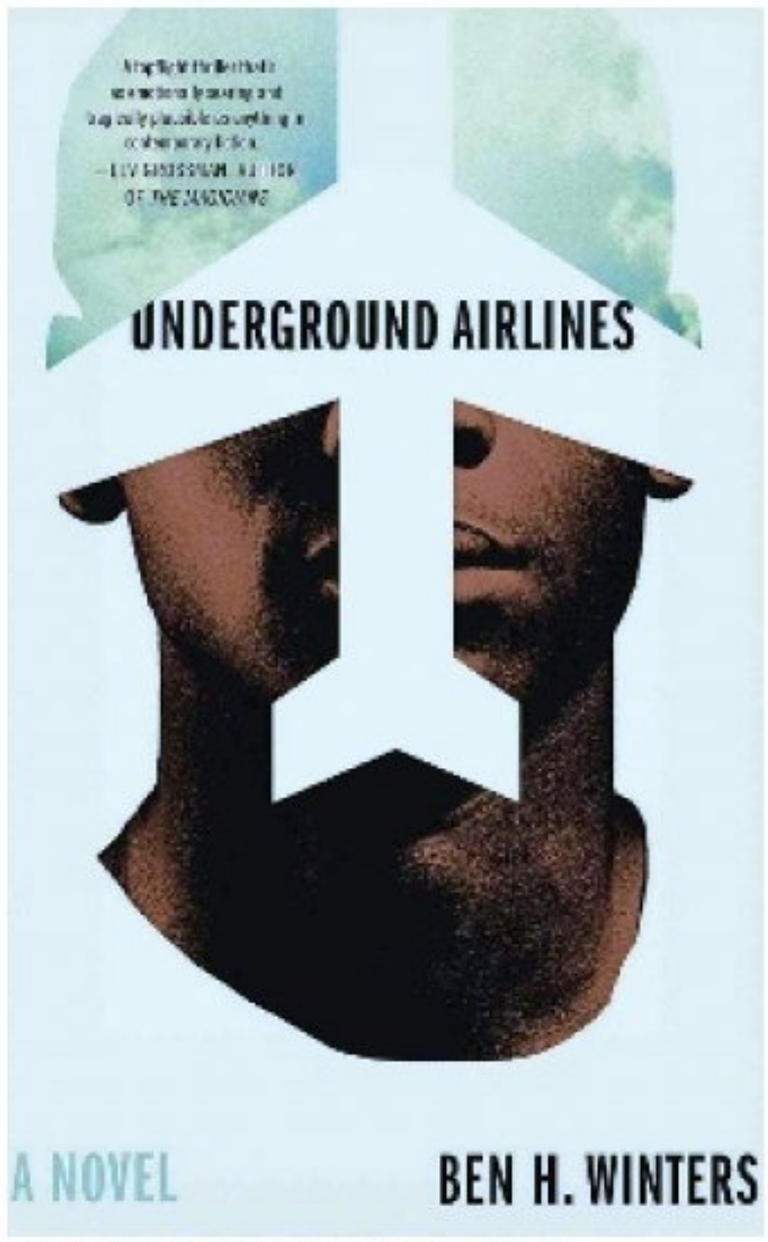
"It had become such a prevalent part of the national consciousness," says Winters. "As an American citizen, it was impossible not to be thinking about it all the time and wondering how this could possibly be happening."

Winters knew he wanted to use a hybrid of mystery and science-fiction genres to examine institutional racism in the U.S., and so his new novel was born, Underground Airlines, where he imagines a dystopian world in which the American Civil War has never happened and slavery still exists in Hard Four states.

The story follows Victor, an escaped slave turned bounty hunter looking for a runaway named Jackdaw, which leads to him becoming embroiled in a much larger conspiracy.

"It continues to strike me that in America there is this very specific backstory that is connected to race-based slavery," says Winters. "People like to think it happened long ago, like some kind of ancient phenomenon we put behind us, but in fact there are a million ways that the legacy of slavery forms contemporary racism."

In Underground Airlines, there are still Starbucks and CNN. Michael Jackson and Muhammad Ali remain stars (with revised biographies), and corporate greed and capitalism still reigns. But in Winters' alternate history, James Brown is an escaped slave living in Canada, and Henry Kissinger is quoted as denouncing the United Nations. As a self-declared "history and legal-scholar nerd," Winters spent a lot of time both researching and speculating how his premise would have played out internationally, and changed the U.S.'s role on the world stage.



Ben H. Winters' new novel is a hybrid of genres.

He admits wrestling with the appropriateness of a white male author writing a race-relations story with an African American protagonist, but came to the conclusion that it's important for artists like himself to draw attention to anti-black racism issues.

"I'm very aware that there will be some questions about my motives and the appropriateness of the material, and the only way I can answer that is if when people read the book, they realize it's not exploitative," Winters says. "There is a long and complicated history of white artists appropriating black voices. The only answer to that was to be honest and to think about how I'm going to write about this specific man, and his specific struggle, his specific back story.

"To think that black and white people are so different that the bridge of empathy that fiction is can't cross it is just dangerous thinking."

Underground Airlines concludes with a blockbuster surprise, but is also with cautious optimism. "I'm not giving up on my country. America has so many great things about it, and we've come so far, but continuing to move forward requires us to better understand our history than we think we do," says Winters.

> **To think that black and white people are so different that the bridge of empathy that fiction is can't cross it is just dangerous thinking.**
> Author Ben H. Winters

Sue Carter is the editor at Quill & Quire magazine.

Thrift store is poppin' with upcycled furnishing finds

CONTRIBUTED

MCC Furniture Thrift Store is a nonprofit, volunteer based organization that raises funds for the Mennonite Central Committee and their amazing humanitarian work both globally and locally.

"We are the only 'furniture only' location in Winnipeg with over 50 volunteers at this location alone," said Laurie Goetz, manager.

"The reason we have volunteers is that it gives us the ability to keep our costs low... resulting in greater donations for our mission statement."

Every purchase is a gift to the world because 100 per cent of net proceeds go to the Mennonite Central Committee. All of the furniture and appliances are donated by extremely generous donors. Upon request, a tax receipt can be provided for any donation valued to be over $100.

Volunteers are the heart of MCC Furniture Thrift. Volunteers range from 14 to 84 years of age and come from a variety of different cultural and faith backgrounds, creating a wonderful generational and multicultural diverse mix. Some of them are working through government assisted or other programs. They're learning valuable employable skills while increasing their self-confidence.

"Everything about what we do is a win-win," Goetz said. "Donors are satisfied knowing that they are contributing to something bigger than themselves, customers have the opportunity of purchasing good quality items for a reasonable price, volunteers feel empowered knowing that they have contributed to making a difference in the world, and the recipients of the work of MCC are given an opportunity in their lives that they most likely would not have had otherwise."

Volunteers' responsibilities at the store vary; they could be answering phones, or doing housekeeping, woodworking, carpentry and so much more. There are also five staff members, including delivery drivers.

Goetz said they try to keep up to date with the current trends in what their customers want to see. The store has over 10,000 square feet of retail space and gets new items every day.

"We have been giving more attention to upcycling by taking some of our difficult-to-sell pieces and recreating them into new and interesting treasures," she said. "Customers love the unexpected...never quite knowing what they will find next, and our volunteers take a lot of pride in the creative work that they do."

It also helps that volunteers are able to take something they couldn't sell and turn it into something more valuable to further support the good work of the Mennonite Central Committee.

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metro HOME
Your essential daily news

The "she shed" — a lighter, brighter version of a man cave — is becoming more popular

'IT ONLY TAKES A SECOND' HOME HAZARDS

Spooked by the recall of millions of IKEA dressers that pose a tip-over hazard if they're not properly anchored, parents everywhere are taking a second look at their child-proofing chops. "People always say, 'I only turned my back for a second,'" says Tracey Warren, director of Child Safe Canada. Her solution: Put more than a few seconds' worth of obstacles between your little ones and danger. **Here are five often-overlooked hazards you can find and minimize.** GENNA BUCK/METRO CANADA

1 DOORS & WINDOWS

Opening the doors and windows to catch a breeze might keep you cool, but it's a hidden-in-plain-sight hazard to small children apt to wander out, Warren said. So keep the door closed and put an obstacle in front of it that will slow kids down — even something as simple as boots. Make sure your windows are secure too (but not permanently nailed shut: fire hazard), and don't place furniture under them that kids can scramble up on.

2 WATER

Kids under five have a natural, unquashable desire to explore and climb on everything. It's not just pools and hot tubs: Toddlers have been known to topple into puddles, toilets, cleaning buckets and kitchen sinks full of dishwater, Warren said — so never leave standing water unattended.

3 FITNESS EQUIPMENT

Kids can fly off a treadmill or get entangled in an elliptical. Don't leave the key in the lock, and if there's no way to secure the machine to prevent little fingers from mashing the "start" button, consider making the room it's in off-limits. Better yet, do both. That's what Warren calls "layers of safety."

5 DRIVEWAY

Remind kids often that the driveway is a "drive zone," never a "play zone." Backing over children is tragically common. Warren said it has happened three times so far this season in Calgary, where she's based. It's best to back in and pull out. And exit the driveway with the windows down, so you can hear if someone's trying to alert you that you're about to make a fatal mistake.

4 DRUGS & COSMETICS

Warren suggests getting down to toddler-eye level and looking at your home the way your child sees it. What's in their reach? Kids are attracted to makeup's bright colours and easy-to-open packages, and they shouldn't be eating it. Grandma visiting? Purses or suitcases carelessly tossed on the floor or bed could have medication inside. Again with the safety layers: Keep poisons, like cleaning products and drugs, in a locked cupboard that's also up high.

A striking staircase designed by the New York-based design firm Bradfield & Tobin which has leather treads on the stairs rather than traditional carpet. SEAN FINNIGAN/BRADFIELD & TOBIN VIA AP

ASK A DESIGNER

How to create the stairway from heaven

We give lots of thought to decorating rooms but often overlook the staircase, despite the fact that in many homes it's the first thing people see when they walk in the door.

Staircase areas can be "a great spot to introduce your personal style," says Brian Patrick Flynn, who designed HGTV's Dream Home 2016, the design network's annual house giveaway.

Here, Flynn and designer Roric Tobin of the New York design firm B&T Global share advice on creating an inviting, stylish staircase that blends with the rest of a home's decor.

Assess the banister

It doesn't have to be expensive to replace a boring banister with something snappier.

"If it's something historical that has beauty, there's no sense in ripping it out," Tobin says. But if it doesn't serve the space, change it. Or consider painting or otherwise updating the banister.

Showcase your favourites

"Stairwells, often considered dead space, are ideal for showcasing collections," says Flynn. "I prefer to mix different frames in a variety of wood finishes and metals, and then throw in three-dimensional objects as well to break up the rigid lines.

"When all else fails, I say stick with black-and-white photos."

Embrace bold patterns and colour

Tobin recommends using bold, large-scale print wall coverings to "really draw your eye up the staircase."

Homeowners often assume that small-print patterns will look best, he says, but they can be boring.

Blend style and function

Runners and stair treads are another place to add colour or pattern.

"Stairwell runners in masculine prints are becoming increasingly popular in all sorts of homes," says Flynn.

And they serve a practical purpose: Bare wood can look good but be noisy and slippery.

Most of Tobin's clients opt for stair runners or treads to eliminate noise.

These are traditionally made of carpet, but Tobin suggests considering other materials.

THE ASSOCIATED PRESS

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metro SPORTS

Blue Jays pitcher Marco Estrada pulled out of the All-Star Game and went on the 15-day DL with a back injury on Wednesday

Shakeups surely ahead if Bombers keep bumbling

VIEW FROM THE 300S

Andrew 'Hustler' Paterson

Two weeks into the CFL season, things haven't seemed to change much for the Winnipeg Blue Bombers. After two starts and two losses to open 2016, angst levels are rising among Bombers fans, fearful that the misery of the last few seasons will continue.

Most of the optimism of the off-season has faded after only two weeks, but it is far too early to panic.

With plenty of pressure on Mike O'Shea and his staff to get the team turned around, this was not the start the Bombers envisioned. After four consecutive seasons out of the playoffs, this is a make-or-break year for not only the head coach but quite possibly GM Kyle Walters as well. The stakes are high for everyone involved.

There is little doubt that the Bombers are a more talented team on paper than the one that finished 2015. Walters added impact players on both sides of the ball and better results are expected. We just haven't seen them yet.

With so many new faces in the lineup and the return of Drew Willy after missing most of last season, it should not come as a surprise that the offence isn't a well-oiled machine right out of the gate. New offensive co-ordinator Paul LaPolice has installed a new offence which always takes time to click. Still it better happen soon or the focus will inevitably turn to more significant changes within the organization.

From O'Shea and LaPolice's perspective the biggest challenge has to be figuring out how to get their team out of the blocks quickly. Miserable first-half performances from the offence have put the Bombers behind the eight ball early in both games. The inability to move the chains and keep the offence on the field has also put undue pressure on the Bombers defence; an all-too-familiar problem in Winnipeg.

Much of this falls on the shoulders of Drew Willy. In professional football, no player has more responsibility and pressure than the starting QB. Willy has had his moments, but unfortunately so far they have been too little too late. The return of Weston Dressler this week should certainly help the passing attack but without a quicker start and more consistent play from the quarterback it will continue to be a struggle for the Blue and Gold.

Richie Hall's defensive unit also needs to raise its level of play and possibly consider a different approach. While the defence certainly hasn't been helped out much by the offence early on, it simply has to do a better job of pressuring the opposing quarterback and containing the run. This may mean a departure from Hall's more conservative structure towards a little more risk taking in the defensive scheme.

The Bombers visit Hamilton tonight looking for their first win of the season. There is plenty of football left to play but not a lot of time before the Bombers could be stuck in another season of playing catch up in the standings.

Drew Willy and the Bombers' new-look offence have yet to click through two games in the young CFL season. JOHN WOODS/THE CANADIAN PRESS

SOCCER

Ronaldo leads Portugal into final

EURO 2016 SEMIFINALS

Cristiano Ronaldo upstaged Gareth Bale to propel Portugal into its second European Championship final, scoring a thumping header and then setting up Nani's goal in a 2-0 win over Wales on Wednesday.

The goals came in the space of three minutes early in the second half in Lyon, helping end Wales' unlikely run to the semifinals in only its second ever major tournament.

WEDNESDAY In Lyon

2	0

Ronaldo equalled France great Michel Platini's record of nine goals in European Championship football when he timed a prodigious leap to perfection and planted home a header in the 50th minute.

The Real Madrid star then sent in a long-range shot that a sliding Nani diverted into the net from 10 metres.

Ronaldo will get another chance to win his first trophy on the international stage against either France or Germany in Sunday's final at the Stade de France.

"It's what we have dreamt of since the beginning," Ronaldo said. "We knew it would be a long road and we're still in the tournament." THE ASSOCIATED PRESS

Cristiano Ronaldo GETTY IMAGES

BASKETBALL

Canadian men inch closer to Rio

Canada is another step closer to booking a last-minute ticket to Rio after advancing to the semifinals of a FIBA Olympic men's basketball qualifying tournament Wednesday in Manila, Philippines.

The Canadians edged Senegal 58-55 in their last pool game to sweep Group A.

Raptors point guard Cory Joseph led the 26th-ranked Canadians with 13 points while Tyler Ennis of the Milwaukee Bucks had 12. THE CANADIAN PRESS

Canada's Tristan Thompson blocks a shot by Senegal's Cheikh Mbodj.
THE ASSOCIATED PRESS

IN BRIEF

Flores' Mets floor Marlins

Wilmer Flores homered twice, Jacob deGrom pitched seven strong innings and the New York Mets beat the Miami Marlins 4-2 on Wednesday.

Curtis Granderson hit a two-run single and Jose Reyes had a pair of doubles for his first hits this season to help the Mets win for the sixth time in seven games. They took two of three from Miami ahead of a four-game showdown with NL East-leading Washington.
THE ASSOCIATED PRESS

WIMBLEDON

Raonic gets another chance at Federer

Milos Raonic beat Sam Querrey in four sets Thursday to reach the Wimbledon semifinals for the second time and make it to the final four at a Grand Slam for the third time.

The sixth-seeded Canadian lost serve only once and downed the No. 28-seeded Querrey 6-4, 7-5, 5-7, 6-4 on No. 1 Court.

Raonic registered 13 aces and 58 winners, and had just 16 unforced errors compared to the 44 he had in his fourth-round win over David Goffin.

Milos Raonic
GETTY IMAGES

"I'm glad I was able to get back on my right path and get the win," Raonic said on Wimbledon's official website.

Raonic, who has added John McEnroe to his coaching team this year, will play Roger Federer in the semifinals on Friday.
THE CANADIAN PRESS

RECIPE Shrimp and Vegetable Spaghetti

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Ready in
Prep time: 20 minutes
Cook time: 30 minutes

Ingredients
- 1 yellow zucchini, sliced
- 2 portobello mushrooms, stems removed, cut crosswise into slices
- 1 red pepper, sliced into quarters
- 1/4 cup olive oil
- 2 Tbsp balsamic vinegar
- 4 cloves garlic, chopped
- 1 Tbsp fresh chopped oregano
- 1 Tbsp fresh chopped rosemary
- 1 Tbsp butter
- 1 lb thawed peeled deveined shrimp
- 1 box of spaghetti
- 2 large tomatoes, sliced
- 1 container marinated artichoke hearts, plus a drizzle of its oil
- 1 cup feta cheese
- 1 handful fresh chopped basil

Directions

1. Preheat oven to 400 F. Toss the zucchini, mushrooms and red pepper with 2 Tbsp of olive oil, balsamic vinegar, 2 cloves of garlic, oregano and rosemary to coat. Place vegetables on greased pan and roast in oven; turn vegetables once and cook until tender, about 30 minutes. Remove and allow to cool slightly. Slice the vegetables into bite size pieces.

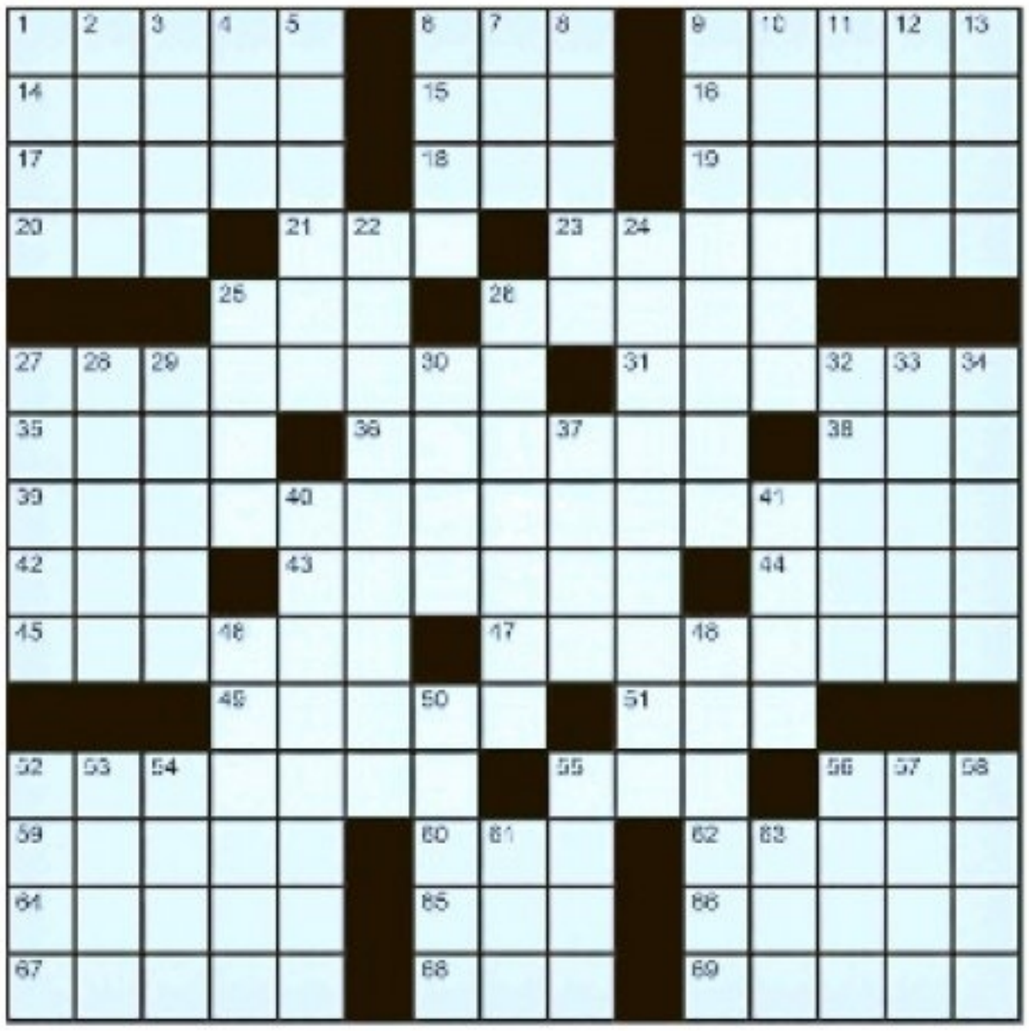
2. In a skillet over medium heat, add butter and two cloves of garlic and cook until aromatic. Add the shrimp and cook until they are pink, about 5 minutes. Remove and set aside.

3. Cook pasta according to package directions. Drain and place in a large bowl. Drizzle the rest of the olive oil into the pasta. Toss in the vegetables, as well as the shrimp and their buttery juices and serve with feta and basil.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Elizabeth of "Silent House" (2011)
6. _ constrictor
9. Michelangelo sculpture
14. Dance style, variantly
15. Hole-punching tool
16. Pertaining to sheep
17. Night-on-the-town venues
18. "The Fresh Prince of _-Air"
19. Honeydew _
20. June, Jul., _....
21. Caribbean music
23. Lofty/outstanding
25. ___ Systems (UK defence contractor)
26. Connecting/securing
27. Possible helpful way out, as of a problem
31. Ms. Miller of "Factory Girl" (2006)
35. Much: 2 wds.
36. Commercial area of Venice
38. Alley-_ (Basketball play)
39. Prince Charles' hereditary revenue-reaping-realm, established in 1337: 3 wds.
42. _ _ Z
43. Between 90 and 180 degrees, as per angles
44. Embellish
45. Save
47. Pick a Bosc from one: 2 wds.
49. Rich tapestry
51. NFL positions, e.g.
52. Seeks assistance: 2 wds.
55. Seer's skill, short-style
56. What person?
59. Skirt style
60. Critical
62. Egg-shaped
64. Donut or muffin alternative
65. Toronto's Danforth, e.g.
66. Enthusiastically exalted
67. Wolf down the food
68. "That's correct."
69. Salon lock

DOWN
1. Sea wolf
2. Humdinger
3. Super-pleased with oneself
4. Shrink
5. Bahamas capital
6. _ Wawa (Vintage SNL character)
7. Must money-up
8. Between-buildings spot
9. What Canada Day used to be called, _ Day
10. Get even/retaliate
11. Foul
12. Get _ _ the ground floor
13. Car fender damage
22. Town in western Saskatchewan with a built-in-1914 water tower (that resembles a lighthouse) that can be seen from miles away
24. Is cruel to
25. The two of them
26. Posh pieces of porcelain, perhaps
27. "_ Love" by Golden Earring
28. Rinse with a solvent
29. Fashion: Ms. Chanel's
30. Use a sieve
32. Lacking in oxygen means there's what practically?: 2 wds.
33. _ prosequi (Not proceeding, in law)
34. Black Eyed Peas member, _._.ap
37. Misplace
40. "Keep _ Alive" by Queen
41. Kilograms, e.g.
46. Mason Jars user, often
48. Official study
50. Hunky-dory
52. Pop can openings
53. _ Bator (Capital of Mongolia)
54. Capital of Latvia
55. "For Your _ Only" (1981)
56. Used a loom
57. "Get movin'!" commands
58. "Eat My Brain" Canadian band, The _
61. Hit album of 2002: '_-Olution'
63. Sort, shortly

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Something unexpected might occur at home today that shakes up your world. As a result, arguments with authority figures might occur. Pull in your reins and be diplomatic with everyone.

Taurus April 21 - May 21
Your routine will be interrupted today, definitely. Give yourself extra time for wiggle room. If not, you might bark at someone because you are frustrated.

Gemini May 22 - June 21
Keep an eye on your finances and cash flow today, because something unexpected will affect them. Avoid disputes about shared property, money and debt.

Cancer June 22 - July 23
This is a tricky day! Because something catches you off guard, you might be so frazzled that you end up having an argument with a friend or a partner. Chill out.

Leo July 24 - Aug. 23
Something going on behind the scenes is unpredictable today. Feelings of uncertainty could make you impatient with others. Stay frosty.

Virgo Aug. 24 - Sept. 23
Because someone might say or do something unusual, this could lead to a dispute, especially with a member of a group. For your own good, count to three before you respond.

Libra Sept. 24 - Oct. 23
Even though you're unhappy with a decision made by someone, avoid arguments with bosses, parents, teachers, VIPs and the police today. You will lose more ground than you gain.

Scorpio Oct. 24 - Nov. 22
Avoid controversial subjects like politics, religion and racial issues today, because they will become embroiled. Meanwhile, travel plans will be canceled or changed. Crazy day!

Sagittarius Nov. 23 - Dec. 21
Double-check your bank account, because something unexpected might be going on. Quarrels about shared property and debt might occur.

Capricorn Dec. 22 - Jan. 20
This is a dicey day to deal with partners and close friends. Even if you practice patience, you might encounter conflicts with others.

Aquarius Jan. 21 - Feb. 19
Power struggles might arise with a coworker today. This could be due to equipment breakdowns, canceled meetings or something unexpected. Don't lose your cool. Be part of the solution, not the problem.

Pisces
Feb. 20 - March 20
Parents will have to be patient with their kids today. Likewise, romantic partners need to be patient with each other, because today is full of intense energy!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	3				8			
2				7				
			5	3	6	4		
		9				6		7
	5	7				3	9	
1		4				8		
		1	4	8	9			
				2				1
			6				8	

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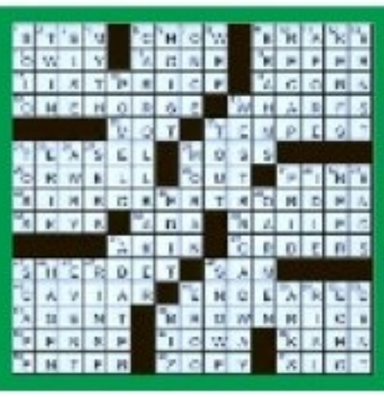
YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



8	4	7	2	6	1	9	5	3
6	5	3	4	9	8	7	2	1
2	1	9	5	7	3	6	4	8
9	6	2	3	5	7	8	1	4
1	7	4	9	8	2	3	6	5
5	3	8	6	1	4	2	9	7
4	9	6	8	3	5	1	7	2
7	8	5	1	2	6	4	3	9
3	2	1	7	4	9	5	8	6

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McCain fries or wedges

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Reg. 52 ea., Assort., 270 g, #633014
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